

**NAVY CHILDREN SCHOOL, VISAKHAPATNAM**  
**KINDERGARTEN WING, NAUSENA BAUGH**  
**ACTIVITY REPORT FOR THE MONTH OF JULY 2022**

**1. SANDWICH MAKING ACTIVITY**

Sandwich making is a great way to practice fine motor skills and foster self confidence in a child. Most importantly, the child will enjoy the feeling of accomplishment. In view of the above, an interactive activity was held for LKG and UKG wings on 4<sup>th</sup> July. The teacher started off by showing and explaining children about the different ingredients bread, butter and jam to be used. Then she demonstrated the activity in a step-by-step process.

**2. “PLAY WITH COLOURS” COLOURING ACTIVITY**

A coloring activity was held on 8<sup>th</sup> July for both LKG and UKG wing. It was wonderful to see the children use their imagination to bring out the best from the rainbow of colours. The activity was judged by Mrs. Shailja Singh, Mrs. Remmy Sharma, Mrs. Meenakshi Sharma and Mrs. Deepika Singh for NSB.

**3. SPECIAL MORNING: HEALTHY FOOD**

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'Healthy eating keeps the heart beating'

Research has shown that healthy eating habits are more likely to stay with you if you learn them as a child. That's why it is important that we teach our children good habits now. It enables children to be physically fit and mentally alert. Keeping this point in mind, a special assembly on healthy food was done for all the class groups of KG, NSB on 11<sup>th</sup> July. The teacher explained the importance of eating healthy food in a beautiful way. To give a real time experience to children, she showed and explained the different types of food products available in the market, i.e., fruits, vegetables, pulses, dairy and poultry products. During the assembly, with the help of story, role play and props teachers explained the children about the importance of 'Eat healthy and stay healthy'.

**4. RAINY SEASON**

"The first drops of rain always bring a smile on our faces"

'Rainy Season' or 'Monsoon' the beautiful season of the year is a gift of God to mankind. It revives our souls and fills the surroundings with the beauty of fresh greenery. To acknowledge this blessed gift of God; students of NKG NSB conducted a special assembly on 15<sup>th</sup> July .

Teachers explained the important aspects of rainy season like clothes worn, weather condition, type of food eaten etc. with the help of props.

#### **5. PAPER FOLDING ACTIVITY (LKG):**

Paper folding is a fun activity that helps teachers and parents to interact with children while creating something new and interesting. Apart from this, there are many educational benefits of paper folding activity. It enhances their eye hand co-ordination and fine motor skills too. An Origami activity was conducted for LKG classes on 18<sup>th</sup> July . Children enjoyed making paper boats.

#### **6.FRUIT CHAAT MAKING(UKG):**

Life Skill Activity helps children build self-confidence, encourage critical thinking & foster independence. Fruit Chaat Activity is one of the important Life Skill Activity that teaches children to take care of their health.

A fruit chat making activity was held for the UKG children on 18<sup>th</sup> July to inculcate the habit of eating healthy food in which consumption of fruits play an integral role.

The teachers explained children about the benefits of having fruits every day and demonstrated the activity in a step-by-step process. The nutritional value and importance of each fruit was explained to them in detail. Later they had a fruit chaat party along with their teachers and all the kids were thrilled.

#### **6. STORY TELLING : THE GREEDY DOG**

The story of "The Greedy Dog" was performed by the teachers for LKG children on 19<sup>th</sup> July by using relevant props. Value education was inculcated among children by telling the moral "Don't be greedy".

#### **7. GERMINATION ACTIVITY (LKG)**

Seed germination activity is not only a fascinating activity, it also provides a great opportunity to build basic science and knowledge during early years. Planting and watching seeds growing into a Plant is a wonderful experience for children. On 19<sup>th</sup> July a Germination activity was done in LKG, parents were being requested to deposit some container or pot, Soil, Water, and some Seeds to the class teacher with the child's name. To explain the activity respective class teachers demonstrated the activity step by step, teacher also explained that plant needs sunlight and water to grow and then children along with the teacher sowed the seeds. All the children used to see their plant every day until the seeds grew into the saplings. The children were really happy to see the plant germinated after a week.

#### **8. IMAGINATION CLAY MODELLING ACTIVITY**

Clay modelling has many educational benefits for kids. Clay modelling not only encourages play based learning, but it also helps children to apply creativity and develops their fine motor skills. It also improves eye-hand co-ordination. The second co-curricular activity Clay Modelling Activity was held on 21<sup>st</sup> July for LKG and on 22<sup>nd</sup> July for UKG children. The parents were briefed about all the important points regarding the clay modelling activity in advance through a detailed circular. The activity was very well organized and all the children actively participated in the activity. The children enjoyed themselves molding the clay into beautifully crafted objects. After receiving the pictures, the best 10 Models were selected by the class teacher and same were sent to the judges to make the final judgement of the winners. The activity was judged by Mrs. Samyukta, Mrs. Aarti Singh, Mrs. Surabhi Jamwal, Mrs. Sumi Joy.

#### **10. STORY TELLING : THE OLD MAN AND HIS SONS**

The story of "The Old Man and his Sons" was performed by the teachers for UKG children of NSB wing on 25<sup>th</sup> July by using relevant props. Value education was inculcated among children by telling the moral "United we stand, divided we fall".

### **11. COLLAGE ACTIVITY – HEALTHY FOOD AND JUNK FOOD**

Good nutrition is an important part of leading a healthy lifestyle. It is very important for children to understand the difference between healthy and unhealthy food. With the aim to spread awareness and motivate children to always choose healthy food over junk food, a collage activity on healthy and junk food was done for all the UKG classes of KG, NSB on 25<sup>th</sup> July 2022. The class teachers started with a short presentation where they illustrated various healthy and unhealthy food products. Children were explained about the benefits of eating healthy food and how unhealthy food can cause various health problems in our life. Children brought empty packets and pictures of Healthy and Junk Food like milk packets, paneer packets, Butter packet etc. which they pasted on the Chart paper and further emphasized to say YES to healthy food and NO to junk food. Children learnt about the difference between Healthy and Junk Food in a fun way.

### **12. SPECIAL ASSEMBLY- KARGIL VIJAY DIWAS**

**Our flag does not fly because the wind moves it, it flies with the last breath of each soldier who died protecting it.**

It is a day to remember the gallant efforts and sacrifices of the Indian Armed Forces.

Every year, Kargil Vijay Diwas is observed on 26<sup>th</sup> July to commemorate the success of Operation Vijay in 1999. Kargil Vijay Diwas is celebrated in the honor of the Kargil war heroes.

In order to instill patriotism and to teach the importance of respecting our brave Armed Forces, KG NSB performed a special assembly on Kargil Vijay Diwas to pay tribute to the martyred heroes of Kargil War. The teachers explained about Kargil Diwas in a very simple language and then teachers presented a small skit for the children. Children also participated in the special assembly.

### **12. COLLAGE ACTIVITY- SHAPES (LKG)**

Paper craft helps in the development of fine motor skills, imagination and also helps in learning to follow instructions. The NKG, NSB always emphasizes on play way method to make shapes revision interesting for kids.

Collage activity on Shapes was done by LKG children on 27<sup>th</sup> July. The teachers taught to make a beautiful engine, combining all shapes like circle, triangle, square, rectangle and

oval. Children learnt about shapes in a fun way, students enthusiastically made the engine on the chart paper.

## **12.PARENTS TEACHER INTERACTION**

The parent teacher interaction session for the month was conducted on 29<sup>th</sup> July 2022 at NKG NSB. It was a general interaction about academics and queries raised by parents (if any) were addressed. During the session, parents were informed about the upcoming Hindi Rhyme activity and were also asked about their willingness for participation of their ward in Grandparents Day.

**(Mrs. Rashmeet Minhas)**  
**Headmistress NKG, NCS (V)**