

NAVAL KINDERGARTEN, NAUSENA BAUGH
VISAKHAPATNAM
ACTIVITY REPORT FOR THE MONTH OF FEBRUARY 2023

➤ **GERMINATION ACTIVITY (UKG)**

Watching seeds grow is an amazing science lesson for kids as they are very curious about life and growth of living things. As part of the experiential learning the Germination of seeds activity was done on 1st February with the aim to demonstrate how plants develop from seeds for the students of UKG. The students germinated the seed in a pot under the guidance of the teacher and noticed the growth over a week's time. It gave them the opportunity to see up close how a seed grows and what was actually be happening under the ground! Their happiness was on the peak when they saw a little plant coming out.

The awesome seed growing activity turned out amazingly well, and the kids loved checking on the progress each day!

➤ **PROFESSIONS**

Professions special morning was conducted on 10th February for all the classes of LKG and UKG during morning assembly with an aim to teach about different professions, the kind of roles they play in our daily lives and how people from different professions enable our community function well to make the world a better place to live.

➤ **STORY TELLING**

Storytelling plays a critical part in our preschooler's overall development. When we do storytelling for them, we are instilling virtues they can carry with them as they grow old. Stories with characters or stories with meaningful messages inculcates valuable lessons in children and helps them learn about kindness, wisdom, honesty, compassion and more. Story telling was done for LKG and UKG classes by the teachers.

➤ **STORY TELLING : THE MONKEY AND THE CATS: LKG**

The story of "The monkey and the cats" was enacted by the teachers of LKG classes on 22nd February during morning assembly by using relevant props and instil the moral that "don't fight and trust your friends". When you quarrel someone else gains. When two people fight the third one always gets the profit.

➤ **STORY TELLING : ONE NUT AND TWO BOYS: UKG**

The story of "One nut and two boys" was enacted by the teachers of UKG classes on 23rd February during morning assembly by using relevant props and instil the moral that "We must share our things". "ONE **NUT** AND TWO **BOYS**", is a moral **story**. It is an educational **story** which conveys the message 'When **two** are in fight, the third one rejoices'.

➤ ROLE PLAY

At an early age, children love to pretend and play “make-believe”. Over and above the fun that it offers, pretend play is the **primary way kids explore, learn and make sense of and understand the world around them**. Pretend play activities help children to take the role of “somebody or something”. Role play is essential not only because it fires up their **creativity** and **imagination**, but also because it helps to develop **critical skills** such as **communication, empathy, and socialization**.

ROLE PLAY ON “TELEPHONE CONVERSATION” BY LKG CHILDREN

Conversation skill role play for LKG classes was conducted during morning assembly on 17th February. The topic was “Telephone Conversation”. The aim of conversation role play was to build vocabulary, confidence and inculcating life skill.

ROLE PLAY ON “PICNIC AT THE BEACH” BY UKG CHILDREN

Conversation skill role play was conducted for UKG classes during morning assembly on 24th February. The topic was “Picnic at the beach”. The aim of conversation role play was to build vocabulary, confidence and inculcate life skills.

➤ HAPPY QUIZZING- CCA :

Quizzing has proved to be a great informative activity for growing children. It helps them to expand their knowledge and explore new skills at an early age. Well targeted, tailor-made **quizzes** can boost self-esteem and confidence.

In view of the same a Quizzing activity was done for UKG on 20th February and for LKG on 21st February. Eight to ten children were shortlisted from each class through a preliminary round. It was a well organised activity where LKG children were judged by UKG teachers and UKG children were judged by LKG teachers. All the participants had a very joyful experience.

➤ Workshop for kids on Dental Hygiene BY – Dr Atul

We at NKG NSB, believe that workshops play a key role in creating an integral learning environment for children. These workshops help to facilitate a deeper understanding of the Integral approach along with involvement of children in the process.

Keeping this in mind a workshop on “Healthy Oral Hygiene” was organized on 28th February, Tuesday to make the children aware about the importance of following healthy oral hygiene in their daily lives. Our respected Headmistress Ma’am, Ms. Rashmeet Minhas gave a warm welcome to the highly experienced resource person Dr. Atul Singh a Maxillo Facial Surgeon and Dentist.

Dr. Atul guided the children about the correct techniques of brushing teeth, tongue cleaning, how to prevent cavities and other dental issues. He also recommended few steps to maintain good oral hygiene like brushing teeth twice a day using the correct technique, replacing toothbrush every three to four months, or sooner, if the bristles are frayed, Visiting the dentist once in six months for professional cleaning and an oral examination and to practice a regular oral health care routine. He also gave advice on food habits – the kind of food to be eaten or avoided.

Overall it was an enlightening and informative session which helped everyone to develop healthy dental hygiene, adapt self-care techniques and follow it regularly.

(Mrs Rashmeet Minhas)
Headmistress
KG (NSB)