

**NAVAL KINDERGARTEN**  
**NAUSENABAUGH, VISAKHAPATNAM**  
**ACTIVITY REPORT FOR THE MONTH OF APRIL and**  
**MAY 2023**

**1. ORIENTATION PROGRAMME FOR LKG and UKG**



In order to welcome the parents, to the academic year 2023-24 and to equip children to face the dynamic world, Naval Kindergarten, Nausenbaugh organised and conducted an Orientation Programme for the parents of LKG and UKG on 1st April 2023.

The Headmistress, Mrs. Rashmeet Minhas welcomed all the parents present there. The Programme was conducted in their respective classrooms, where the class teacher briefed the parents about the academic curriculum and the functioning of the school. Further, the importance of participation of children in Co-Curricular



Activities was conveyed to the parents. Parents were informed about the conduct of special assemblies throughout the year. The details of bus, fee structures and availability of books was also intimated to the parents.

Overall, the orientation program was fruitful and parents were satisfied.

## **2. OPENING DAY FOR KINDERGARTENERS**





The new academic year started on 3rd April 2023. The day commenced with the decoration of the school and the classrooms by the teachers to set up a friendly environment. The tiny tots were personally welcomed by our Headmistress, Mrs. Rashmeet Minhas and all class teachers. They were then escorted to their respective classes by their class teachers.

The timings of the school were from 0930 hrs to 1100 hrs for LKG and 0900 hrs to 1230 hrs for UKG. The first day proved to be very exciting for parents of both LKG as well as UKG students. Mixed feelings of anxiety and happiness was observed amongst students. The opening day saw a lot of positivity for parents, students and teachers alike.

### 3. PALM PRINT ACTIVITY - LKG



The academic activities of the year 2023-24 for the students of LKG started with the Palm Printing Activity, which was conducted on 3rd and 4th April 2023. Research has shown that art activities



are important for brain development in early childhood. One of these is sensory play where kids learn through their senses. Palm Printing is a sensory activity which improves fine motor skills, strengthens finger and hand muscles and enhances creativity and imagination.

#### **4. CELEBRATION OF COLOURS - LKG**



Children usually learn about colours during their preschool years. Recognising the colours and identifying the colour name is an important part of a child's development. Early identification of colours helps to create the cognitive link between visual clues and words. Keeping this major benefit in mind, NKG, NSB celebrated Red Day on 6th April 2023. The Assembly Area was decorated with the colour 'Red' as the theme and teachers also dressed in red. In order to increase the knowledge of students in the colour red, they were instructed to bring food items in the colour red for their tiffin such as Strawberries, Watermelon, Tomato, Beetroot etc.



Similarly, Yellow Day was celebrated on 11th April 2023, Blue Day on 13th April 2023, Green Day on 17th April 2023, Orange Day on 19th April 2023 and Brown Day on 21st April 2023.

The celebration of colour days proved to be a helpful asset in increasing the knowledge of children about various colours through practical demonstrations.

## **5. PAPER TEARING AND PASTING ( APPLE ) - LKG**



Paper pasting activity is a form of art, which encourages fine motor skills, neural development and problem solving abilities. It allows students to process their problems and scary emotions and deal them with a safer approach, because it gives them critical sensory input. Its an expression of their creativity and is a playful and fun method of learning.

In view of the above, Paper Tearing and Pasting activity was conducted on 4th April 2023 for LKG classes. It was a structured activity in which children were made to paste the torn paper inside an apple made on a chart paper.

## 6. PAPER CRUMPLING and PASTING (MANGO)-UKG



Paper crumpling is a simple and fun activity, which helps in the development of fine motor skills and coordination. These skills are very important for their self care, such as threading buttons on a shirt and holding a pencil so they can colour or write. Paper Crushing is also done as a warm up exercise for any other activity to be completed. In view of the above, Paper crumpling and Pasting Activity was conducted on 6th April 2023 for the students of UKG. Children enjoyed tearing, crushing and pasting small pieces of paper in a mango made on chart paper.



## 7. PAPER CRUSHING ( BALL ) - LKG



Paper crushing is an activity, which helps in the development of fine motor skills and coordination in students, which aids them in their day to day lives. Keeping the above in mind, paper crushing activity was conducted for the students of LKG on 6th April 2023. Students were encouraged to crumple pieces of paper and stick them onto a ball made on chart paper. The activity was received and completed with a lot of enthusiasm from students.

## 8. SPECIAL ASSEMBLY - AMBEDKAR JAYANTI



Dr. Bhimrao Ambedkar was the Father of the Indian Constitution and contributed a lot for the country through out his life. In order to increase the knowledge of students on Dr. Bhimrao Ambedkar and to inculcate a feeling of patriotism in the students, a special assembly was conducted on the occasion of Ambedkar Jayanti by the students of UKG. The teacher-in-charge, Mrs. Sushma Singh explained the life of Dr. Ambedkar to the children. Many children donned the attire of Dr. BR Ambedkar. Overall, it was a short and crisp assembly.



## 9. VEGETABLE PRINT - LKG and UKG



Vegetable printing activity was conducted on 18th April 2023 for LKG and UKG classes. Although vegetable print seems like child's play and it certainly is, it is also a teaching tool that can help kindergarteners build motor skills and inculcate creativity in them. It can involve complex movements of the hand that can build hand eye coordination and muscle control.

The activity was explained and demonstrated in a very simple step by step process to enable children to understand the activity easily. The children were then helped to individually undertake the activity.

LKG students were made to use Lady's Finger ( Bhindi ), to make vegetable prints on the drawing of a frog and to complete it.



Students of UKG enjoyed making and converting vegetable prints of bitter gourd in to beautiful flowers with the help of their respective class teachers and Activity Teacher.

## 10. CELEBRATION OF WORLD EARTH DAY



Every year 22nd April is celebrated as World Earth Day globally to spread awareness and to encourage people to take action to



protect the environment. The aim of this celebration is to instill responsibility towards saving our Mother Earth.

In view of the above, a special assembly was conducted by the students of UKG under the guidance of Mrs. Megha Pant and Mrs. Sushma Singh on the occasion of World Earth Day. The importance of conserving Mother Earth by planting more trees, conserving electricity and reducing plastic usage was conveyed to the students.

## **11. SPECIAL ASSEMBLY ON EID-UL-FITR**





‘Eid is a day to cheer and to laugh with all your heart. It is an occasion of sharing the love and caring for the people who need to be loved and cared.’

In order to convey the significance of the festival of Eid, a special assembly was conducted by the students of class UKG D, under the guidance of Mrs. Neha Khare on 21st April 2023. She explained that Eid-ul-Fitr is a festival celebrated by Muslims all over the world at the end of Ramzan. The festival of Eid teaches us to share our blessings with the poor and needy. A mesmerising dance performance and pictures of children from UKG-D in festive attire was an added feature to the programme.

## **12. ART and CRAFT WORKSHOP FOR TEACHERS BY MRS. KRITHIKA GANESH**





Art and Craft workshop was organised by Mrs. Vaishali Gochke, Group Coordinator, Jagriti and was conducted by Mrs. Krithika Ganesh, who is an Active member of NWWA and has been serving as the 'Activity Coordinator' for the 'Jagriti' wing for about a year. She was a Creative Executive at the Community Radio Channel at Kalpakkam, and successfully reached out to about 100 villages in and around Kalpakkam teaching Art & Craft for the Welfare & Empowerment of Women. In June 2022, Mrs. Krithika Ganesh was recognised by 'The Virtue Book of Records, India' for Best Home Decor using the decoupage technique.

The workshop aimed to provide teachers with practical skills and techniques that can be used to enhance their creativity and of their students. The topics covered were Shibori tie and dye, Dabu print, Gota patti technique, Fan fold tie and dye, Washing technique on fabric and chart, Balloon art on paper and fabric. Mrs Kritika explained the techniques and demonstrated them effectively.

This workshop was conducted in Naval Kindergarten, Nausenabaugh and was attended by teachers of Naval KG, Dolphin Hill and Naval KG, 104 Area as well. Overall, it provided the teachers with hands on experience and practical tips. The workshop was well received by the teachers.



### **13. POSH (Prevention Of Sexual Harassment in Workplace) WORKSHOP BY MRS. KRITIKA CHATURVEDI**



Mrs. Kritika Chaturvedi works for an NGO (Non Governmental Organisation). An interesting workshop was conducted by her for the teachers of NKG, NSB about the Act POSH.

In the workshop, Mrs. Kritika explained the application of POSH, wherein she stated that any company in India with more than 10 employees, comes under this Act, under which, the duty to

maintain safety of all women employees in that company and their protection from sexual harassment is of the Heading Authorities of the respective companies.

The workshop proved to be eye opener for all teachers and saw their active participation in it.

#### **14. GROUP ACTIVITY-PAPER ROLLING & PASTING (LKG)**



A group activity of Paper Rolling and pasting was conducted on 26th April 2023 for LKG children. It was a structured activity in which children were made to roll the papers and thereafter paste them as candles on the cake made on the chart. Paper rolling concentrates on eye-hand coordination, concentration and hand muscle development. It also enhances creativity and brings out a sense of happiness and achievement, as their favourite cake was decorated with candles through this method.



## 15. LEMONADE MAKING ACTIVITY - LKG



Life skill activities play a very important role during early childhood. Children can learn basic life skills from a very young age. The



activity helps children in learning how to be self reliant. It also improves their fine motor skills, language, vocabulary and boosts their confidence. One such activity, is lemonade making activity. In view of the above, Lemonade making activity was conducted on 1st May 2023. The teacher-in-charge, Mrs. Deepa Mahesh, explained the activity, in a very simple and interactive way. She started off by showing and explaining children about the different ingredients to be used, then, she demonstrated the activity in a step-by-step process.

## **17. SUMMER SEASON - MORNING SPECIAL ASSEMBLY**





A special assembly was conducted for UKG children on 1st May 2023. The teacher-in-charge, Mrs. Reena Yadav, explained the features of Summer Season to the students. Students dressed up in summer wear like goggles and caps. Answers to various questions like 'What keeps us cool in Summers', 'What food we should eat in Summers' etc. was explained and discussed to the students. Mangoes are a summer fruit and was also explained. Summer season was shown as special to students, for that is when they get Summer holidays and have fun.

## **18. LKG and UKG STORY TELLING**





The story of “The Thirsty Crow” was narrated by Mrs. Rachel Seth on 28th April 2023 during morning assembly by using relevant props to instil the moral “Where there is a will there is a way”.

The story of “The Fish and the Snake” was narrated by Mrs. Megha Pant, teacher of UKG during morning assembly on 26th April 2023 by using relevant props to instil the moral “Be good to others and others will be good to you”.

## **19. MOTHER’S DAY SPECIAL ASSEMBLY**





It is truly said *“God could not be everywhere and therefore he made mother”*

To recognise and celebrate the essence of mother in every child's life, Mother's Day was celebrated on 3rd May 2023 for LKG and UKG children. The duty in-charge teacher Mrs. Aruna explained the significance of this day. Children enjoyed the dance and a skit was presented by UKG – E. Children were told to show gratitude to their mothers. A paper heart written “I Love You Mom” on it was made by all the children as a token of love and self-expression, with the help of the class teachers which they took back to their homes.

**(Mrs. Rashmeet Minhas)**  
**Headmistress**  
**NKG, NSB (V)**