

NAVY CHILDREN SCHOOL, VISAKHAPATNAM
KINDERGARTEN WING, DOLPHIN HILL
ACTIVITY REPORT FOR THE MONTH OF DECEMBER 2023

The month of December was filled with lots of fun and frolic. In the last month of the year, children displayed a lot of enthusiasm and energy while participating in various activities of the school.

- **MASTER ART COMPETITION**

Master Art Competition was organized by Pan India Art Competition Organizers. Many students from LKG and UKG of Naval Kindergarten, Dolphin Hill participated in this mega competition in various categories like Handwriting, Drawing, Colouring, and Thumb printing. The competition was an opportunity to showcase their creativity on national level. The winners were presented with prizes by Mrs Rakhi Khanna, Headmistress, Naval Kindergarten, Dolphin Hill, Visakhapatnam.



- **NAVY DAY SPECIAL ASSEMBLY**

Navy Day was celebrated on 1st December. The children of LKG held a special assembly on 01 Dec as part of Navy day celebrations. The program started with welcoming the parents and the gathering to the event. The children were educated about the importance of Navy day and the sacrifices and bravery of the soldiers exhibited during the war. Few children were dressed up as Naval personnel and they expressed themselves with confident dialogue delivery. Students were educated about the Indo Pakistani war of 1971 which was a military confrontation between India and Pakistan. During the event, parents were requested on stage to share their experience during their service to the nation and thereby motivating our little children. At the end of the event the teachers of Naval KG School sang the Naval Song "Har Dham Tayyar hai, Bilkul Tayyar hai" with full zeal and enthusiasm.





- **ONLINE CLASS**

View unavailability of school buses and the cyclonic weather condition, 4th, 5th and 8th December, online classes were conducted through webinar. Topics from the daily split up including activities and rhymes were covered in the webinar. It gave children the experience of class room during online studies.



- **PICTURE TALK**

An activity on picture talk 'My Pet' was conducted in the morning assembly on 9th December. Teacher had shown pet animals to the children. This activity develops the language and social skills of children.



- **SENSORY TRAINING**

An activity on sensory training- taste of different foods' was conducted in the morning assembly on 9th December. Teacher had shown different things to the children. This activity helps to enhance the different senses in the children.



- **VEGETABLE PRINTING**

As part of an Environmental Studies (EVS) activity, vegetable printing was conducted on 12th December. The teacher demonstrated step-by-step instructions to the children on how to use capsicum and colours to create beautiful prints on paper. This engaging and enjoyable activity not only introduced colours to the students but also contributed to the development of their fine motor skills and fostered creativity.



- **TASTY MILLETS COOKING**

In the line with the "International Year of Millets," a competition on "Tasty millets cooking" was organized on 16th December by Navy Children School, Vishakhapatnam. The event highlighted the significance of millet as more than just food, emphasizing its role as a combination of nutrition and health. The event saw the enthusiastic participation of the teachers from all the wings of Navy Children School. The purpose of the contest was to encourage the incorporation of millets into daily diets for health and nutrition. The participants' recipes were evaluated based on different parameters, and winners were selected based on the judges' scores. Mrs Amandeep Kaur and Mrs Rupjyoti Bahrui from Naval KG, Dolphin Hills won 3rd position. Prizes and certificates were presented to the deserving winners.







MILLET BISI BELE BATH

Ingredients

- 1. Millet (Bisi) - 1 cup
- 2. Lentils (Bisi) - 1 cup
- 3. Onions - 1 cup
- 4. Green Chilies - 1 cup
- 5. Coriander Leaves - 1 cup
- 6. Mustard Seeds - 1 cup
- 7. Sesame Oil - 1 cup
- 8. Salt - 1 cup
- 9. Water - 1 cup
- 10. Ghee - 1 cup

Method

1. Wash the millet and lentils thoroughly and soak them in water for 2-3 hours.
2. Heat the oil in a large pot and add the mustard seeds. When they start to pop, add the onions and green chilies.
3. Cook the onions and chilies until they are soft and then add the millet and lentils.
4. Cook the millet and lentils until they are soft and then add the coriander leaves.
5. Serve the millet bisi bele bath hot with ghee.

Nutritional Value of Millet Bisi Bele Bath

Per 100g: 110 kcal, 2.5g protein, 1.5g fat, 18g carbs, 1.5g fiber, 1.5g ash.

RAGI BARFI

Ingredients

- 1. Ragi (Finger Millet) - 1 cup
- 2. Sugar - 1 cup
- 3. Ghee - 1 cup
- 4. Water - 1 cup

Method

1. Wash the ragi thoroughly and soak it in water for 2-3 hours.
2. Heat the ghee in a large pot and add the ragi. Cook it until it is soft and then add the sugar and water.
3. Cook the ragi until it is soft and then add the sugar and water.
4. Serve the ragi barfi hot with ghee.

Nutritional Value of Ragi (Finger Millet)

Per 100g: 110 kcal, 2.5g protein, 1.5g fat, 18g carbs, 1.5g fiber, 1.5g ash.

- **CHRISTMAS AND NEW YEAR CARD MAKING ACTIVITY**

Children made beautiful cards with Christmas tree as take away activity. The activity was done on 19th December. They were over joyed to write Merry Christmas and Happy New Year on the cards themselves along their names.



- **SHRAMDAAN**

Shramdaan means a voluntary contribution by the person towards community welfare by physical effort. In order to inculcate the value in the present generation, shramdaan is organized every day at Naval Kindergarten, Dolphin Hill. As a part of shramdaan, one child from each class is nominated every day to put the classroom dustbin in the main dustbin. It also includes cleaning of the class rooms by the students before they leave. The aim is to help children understand the dignity of labour and the sense of responsibility towards keeping the environment clean.



- **CARE FOR NATURE**

Planters with plants of different varieties are hung up outside each class to bring an aesthetic sense to the school corridors. Children are encouraged to water the plants to highlight the importance of caring for the nature and maintain the surroundings beautiful.



- **MESSAGE OF THE MONTH**

LKG

The message of the month "Be Kind to Animals" was done on 20th December. Teacher explained about the importance of animals and their wellbeing. Children coloured the picture and they thoroughly enjoyed the activity.



UKG

Message of the month on the topic "We like to celebrate all festivals" was done on 21st December. The children were told that India is a country with diverse cultures and religion. People of different faiths celebrate many festivals throughout the year. However all festivals convey a common message of happiness, forgiveness and brotherhood. Therefore it is fun to celebrate all festivals. The children also made a picture related to the message in their EVS notebook. This activity developed a feeling of equality among the children and made them aware of our culture.

- **CHRISTMAS SPECIAL ASSEMBLY**

Christmas special assembly was conducted on 22nd December. This festival commemorates the birth of Jesus Christ. People from all over the world celebrate it with great enthusiasm. The program commenced with the significance Christmas by the teacher. The arrival of Santa Claus accompanied by jingle bells made the children very happy and excited.







- **STORY**

- LKG**

- The story "Two silly Goats" was narrated by the teacher on 20th December. The teacher used relevant props and also enacted the story. Students enjoyed listening to the story. The objective was to foster moral values in young minds, improve their vocabulary and develop listening ability.

- UKG**

- Story telling is an important aspect of children's life. It enhances their listening, imaginative and logic skills. It inculcates moral values in children. It plays an important role in improving child's vocabulary and pronunciation. "Two friends and the bear" were demonstrated for UKG on 21st December for the holistic development of the children.

- **PARENT TEACHER INTERACTION**

- Parent teacher interaction was conducted on 16th December for LKG and UKG. Parents attended the PTI in huge number and with great enthusiasm

Mrs Rakhi Khanna
Headmistress
Naval KG, Dolphin Hill
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