









**ASIA  
BOOK OF  
RECORDS**

**CERTIFICATE**

Rashmi H Pragji from Bangalore, Karnataka, India, set a record for preparing the maximum number of food items in one hour. She prepared 32 food items including idli, upma, dosa, corn bhakri, makarand bhakri, uttapam, parath bhakri, egg bhakri, rava, sandwich, pav bhaji, paneer bhurji, chicken vant, pan cake, appam, etc in one hour, at the young age of 10 years, 6 months and 12 days, as confirmed on August 23, 2020.

ASIA  
RECORDS

**INDIA  
BOOK OF  
RECORDS  
2020**





KEEP  
CALM  
THE  
KETTLE'S  
ON

