

FROM THE HEADMISTRESS' DESK

Experiential learning in a child friendly, happy environment-our Mantra.

"Acknowledge, Adapt, Act and Excel"

It goes without saying that our world has changed drastically since Covid 19. It has affected each sphere of our lives. We at school faced this unique challenge with aplomb. The pandemic has battered the traditional education system around the world. However, we have Acknowledged the challenge that it presented, Adapted to the changes and Acted accordingly for Excelling at our work.



Mrs. Anuradha Mago (Headmistress)

Through this Annual E Newsletter, I would like to share our interesting and challenging journey of the academic year gone by.

To begin with, the pandemic transformed our work from offline to online. Teachers started taking online classes initially through recorded videos and audio clips. However, the situation demanded live interaction between the teachers and the students. Technology was the only weapon we had and we started using the Teams app for the online classes.

The need to train the teachers to use technology and the various apps was a necessity to ensure that the teaching learning process was practical, convenient, adaptable and fruitful. Teachers became learners and adapted themselves overnight to face the new challenges in the teaching process. Training sessions were conducted via Zoom and Teams. CBSE also conducted training/ self learning programs via Diksha app. Assessments were conducted online through MS Forms. The following are a few training sessions / programs for staff during 2020-2021.

• 07th July 2020: a workshop on "What is Child Centred Approach to Discipline" was conducted by Dr. V.S.Ravindran. The workshop was interesting and it gave insights on teachers' attitude towards developing discipline in students.

Acknowledge and Adapt to the Change , Redefine yourself to be on top of your Game . – Anuradha Mago

ADAPTING TO THE NEW NORMAL

- 11th July 2020: a workshop on "Cyber Security" was conducted by Cmdr.K.K. Chaudhary. The workshop acquainted everyone about the risk of internet surfing, with an objective of protecting them from being victims of cyber crime.
- 04th August to 10 August 2020: CBSE conducted "Transformational Training Week".
 Webinar sessions were conducted to ensure professional development of school leaders, teachers and counsellors. A series of five virtual workshops were designed to provide holistic approach to student development.
- 19th September 2020: a webinar on "Work Life Balance" was conducted by Dr. GK Beatress. She highlighted all factors like health, psychology, finance, friends, family relationships and technology.
- 21st October to 31 October 2020: virtual workshop by CBSE for teachers through Diksha Platform. The topics were "Curriculum and Inclusive Classrooms" and "Health and Well-being in schools".
- 10th January 2021: a webinar on "Science behind daily aspects" was organised by Bannari Amman Institute of Technology (BIT) on New supporting tools and innovative ideas for both online and offline teaching from KG to XII.
- 09th February 2020: a webinar on "Basic usage of Tata Class Edge" was conducted by Mrs.Raktima and Mrs.Menaka.
- 16th February 2020: a webinar on National Education Policy (NEP) was conducted by Dr. Eshwari Prabhakar as to how this new policy would be implemented in our teaching learning methodologies.
- 23rd and 24th March 2021: a workshop on Tata Class Edge was conducted by Mr. Ravi Kumar.

Along with the above, there was continuous hand holding and guidance given by our management, encouraging positive strokes by the parents, the rewarding smiles of our dear students.

All this enabled us to give our best. Adapt, Improve and Deliver.

We are committed towards striving for perfection in our endeavour towards providing the best for our students.

Be Safe and Healthy

Warm Regards
Anuradha Mago
Headmistress
NCS - Primary Wing (Nausenabaugh)

VIRTUAL WORKSHOPS/WEBINARS FOR STAFF DURING COVID 2020-21



Click on the following links to see various 'Virtual Celebrations' celebrated by NCS, Primary wing, NSB, Visakhapatnam.

• Virtual Independence Day Celebration (Part-1): https://youtu.be/X3jfcR5haim

Virtual Independence Day Celebration (Part-2): https://youtu.be/Qntb21fgX-M

Virtual Independence Day Celebration (Part-3): https://youtu.be/LsTMKffQleM

Virtual Independence Day Celebration (Part-4): https://youtu.be/cJpHbUqMXcg

• Virtual Teachers' Day Celebration (Part-1): https://youtu.be/xbhCd1xHtF8

• Virtual Teachers' Day Celebration (Part-2): https://youtu.be/B90jH-UXUp0

• Virtual Teachers' Day Celebration (Part-3): https://youtu.be/RK81eIYxYvU

• Virtual Gandhi Jayanti Celebration (Part-1): https://youtu.be/4dXqaaxKGAw

• Virtual Gandhi Jayanti- Craft work (Part-2): https://youtu.be/gp8mvsTdjrw

• Festival of India-Virtual Dusshera Celebration: https://youtu.be/KxYTyOOcir8

• Festival of India-Virtual Eid-e-Milad Celebration: https://youtu.be/eqExQHErF-o

Festival of India-Virtual Diwali Celebration: https://youtu.be/s014SC6337g

• Virtual Children's Day Celebration (Part-1): https://youtu.be/TbbsgQ61CYg

Virtual Children's Day Celebration (Part-2): https://youtu.be/e8VCKjrHwks

• Virtual Gurunanak Jayanti Celebration: https://youtu.be/qS3QiRrp9Fg

• Festival of India-Virtual Christmas Celebration: https://youtu.be/0m2b0yNoV_4

• Festival of India-Virtual Makarsankranti Celebration: https://youtu.be/1_eiyMFDEZE

• Virtual Republic Day Celebration: https://youtu.be/YIxuH88mPG8

• CBSE Integrated Project on PUNJAB (Part-1): https://youtu.be/SQ4ajrd1x8E

• CBSE Integrated Project on PUNJAB (Part-2): https://youtu.be/K3-96Yfhmwc

• CBSE Integrated Project on PUNJAB (Part-3): https://youtu.be/3N15i32epfc

• CBSE Integrated Project on PUNJAB (Part-4): https://youtu.be/LA4L37kEaro

You can also go to our school YouTube Channel – NCS Vizag Web

WHAT IS CORONAVIRUS?

- CORONAVIRUS is a virus that causes an infection in your nose, sinuses or upper throat. Symptoms of COVID-19 include fever, cough, body aches, headache, nausea, loss of smell, etc.
- This virus is common in people and in animals including bats, camels, cats etc. The virus which causes COVID SARS COV -2 is similar to the virus MERS and SARS which come Mrs. M. Prasanna Lakshmi from bats.



PRT (GEN)

- This virus had spread around the world and declared Pandemic in March 2020.
- Since the COVID-19 pandemic began last year, more than 3000 kids have been diagnosed with multisystem inflammatory syndrome, a serious condition linked to CORONA virus infection that involves organ dysfunction, fever, and low blood pressure.
- In order to determine an estimated incubation period for COVID-19, researchers analyzed a pool of confirmed cases reported between 4th January – 24th February 2020, in areas outside Wuhan. Using this data, they estimated an incubation period of 51 davs and recommended 14 days quarantine for anyone exposed to COVID.
- There may also be a higher risk of severe COVID-19 during pregnancy and preterm However the role of virus in these birth. circumstances remains unclear.



As we see COVID-19 has entered its third calendar year, the first cases were reported towards the end of 2019, spread across the globe rapidly in 2020 and is raging on its first half of 2021, having taken over 2.8 million lives worldwide.



HEALTH & HYGIENE

COVID SAFETY TIPS



Wear a mask



Wash your hands often



Don't touch your face



Use hand sanitizer



Cover your nose while sneezing/coughing



Avoid close contact

ACADEMIC REPORT

Year 2020-21

As said by Travis Kalanick,

"Every problem has a solution, you just have to be creative enough to find it"

Covid-19 came as such a problem and while we are still battling it, we tried our best to not let it impact the educational experience of the students.

experience of the students.

Mrs. Geetil
The problems are still there but we are





Mrs. Geetika Baluni Mrs. Ramadevi
Academic Coordinators

determined to solve it with minimum impact on student's education. However, after a year of E-teaching, it is safe to say that the start has been good and it has helped us teachers to grow. The most wonderful part of the experience was while teaching the students, we learnt as well.

This new mode of teaching has been a rollercoaster ride and while it has its ups and downs, it also shows the progress we have made in the teaching industry. The process of learning isn't constricted to the four walls anymore and we have been glad to be a part of it. The students have been patient and determined to be a part of this experience as well. This major change didn't impact their grades in any way. All the students performed well and the results speak for itself, understanding how difficult it is to sit in front of a screen and concentrate for hours. We would like to thank the parents for their dedication and cooperation throughout this process. As much as we teachers, the parents deserve an applaud as well, as they supported and helped us in this unique situation and it wouldn't be possible without them.

The experience was new to all of us but it is safe to say that we managed it regardless and we aim to excel it in the coming future and shall continue to be proactive in these uncertain situations.

CCA REPORT

Giving Your Talent a New Style

As written by Mrs. Madhuri Dommety The world has been in quarantine
Classes have been conducted online.
All co-curricular teams come to align
The Pandemic couldn't dull their shine

Art, Sports, Yoga and Music
Every learning activity was a magic...
Throughout the year talents were churned
No stone was left unturned...





Raktima Ghosh Madhuri Dommety
C.C.A. Coordinators

2020-2021 was an abnormal year for all of us. Every subject class has been conducted online and it was a great transition for all the teachers from offline to online mode. Keeping in mind the motto of our school, i.e. "Holistic development of the student", initially we started co-curricular activities in the form of demonstration videos to teach Art and Craft, Music, Fitness and Sports and Club activities like Story Telling, Cooking without Fire, Home Science videos, Poetry, Medicinal plants, basic First aid, book binding, etc.

The response we received from the students of Primary Wing was mind-blowing. Children took part in all the online activities with great enthusiasm and energy. They shared their videos and pictures of their creative talents. All the activities and CCA competitions have been conducted and judged online. There was a tough competition among the participants. Students took part in school level as well as inter-school level competitions and have won many prizes. Videos (Festivals of India) were made by teachers of all classes to celebrate festivals of our country to expose the students to our culture and diversity.

It was a great learning experience for us. Our Headmistress ma'am's guidance, team spirit, coordination and cooperation among different teams helped us to conduct all the activities and competitions successfully during this pandemic phase.

The following competitions (school level) were conducted online in the academic year 2020-2021.

CLASS 1 & 2

Colouring with Crayons
English Recitation
Best Out of Waste
Story Telling

CLASS 3,4 & 5

Best Out of Waste
Cooking without Fire
Solo Singing
Poster making
Story Telling

INTER-SCHOOL COMPETITIONS 2020-2021

NWWA Story telling

CBSE Poster making competition

Manthan by NCS, Karanja

Pot Pourri by NCS, Mumbai

Painting competition by NSTL, Visakhapatnam

(National Science Day Celebrations, 2020-21)

All these activities kept the joy of learning at its best.

THE NEW NORMAL ONLINE COMPETITIONS





















THE NEW NORMAL ONLINE COMPETITIONS

PAINTING COMPETITION











SOLO SINGING COMPETITION



THE NEW NORMAL ONLINE COMPETITIONS



ENGLISH RECITATION



OUR STAR PARTICIPANTS

















OUR STAR PARTICIPANTS



JEEVIKA - 1C MILE SUR MERA TUMHARA



NAUSHEEN GUPTA - 4H RHYTHMIC YOGA



INAYA MEHER - 2A JINGLE-O-TOURISM





ISHITA GUPTA - 3D TWIRL TALE PUPPETRY



SUDEEP DAS - 5E BE AN AUTHOR





ANIMISHA MANGRULKAR - 5F FUNNY NEWS READING



DHRUVI GARG - 3E FANCY DRESS



ADHRIT GIRISH - 4A ECO RAP



ENGLISH DEPARTMENT

Year 2020 - A Challenge and Triumph

Year 2020 was a mixed bag, one filled with numerous setbacks, challenges and adaptations. New norms were set for every field, including education. By April, the uncertainties piled up on everyone's personal and professional front. It was a complete fog regarding how long the virus is going to affect us and the duration of lockdown. Whilst the medical frontline warriors faced the virus head-on, the school management swiftly drafted the strategies for online education despite the 'fog of war'. The objective was clear - THE SHOW (ACADEMICS) MUST GO ON! and thus rolled out our first tutorial video.



Smita Singh HOD, English Dept.

Mobiles/Laptops replaced notebooks, stylus replaced pens/pencil, as teachers, students and parents adjusted to the new norm of roll calls online. Teachers put their handicap of computer knowledge aside to learn video-making apps and created online tutorials, capsules and notes. From teaching phonetics to concepts, everything was through the screen online, without any compromise on quantity or quality.

It indeed was a challenging back-end work for the teachers to prepare every aspect of a concept and activity through online tutorials and then connect with their students to ensure that it is well understood. We stuttered, we fell, we got up but in the end, the whole NCS setup was on its feet running to ensure that the students are provided with a quality education. Despite the additional demand on both professional and personal front, the teachers smilingly bore it all.

Many a nights were spent in getting all the worksheets ready and streamlining them to the level that the students understand and relate to it, as would be in normal classroom interaction.



The online sessions did throw some light moments like sleepy roll calls, google referred replies or sudden popups of siblings/family members on screen. Some of the activities made by students in the confines of their homes were very refreshing.

For once, parents also got a first-hand flavour of their kid's capability to create nuisance whilst being in a classroom. It was not easy on them too-from buying new hardware to ensuring that the children adjust to operating gadgets and the schedules of classes, submissions and then assessments — all online. Some parents made a candid confession that their grammar basics got finally cleared, whilst listening to the online session.

We adapted, we delivered and though we did all that was in our might to ensure that the kids don't lose their academic session, we teachers also salute our kids' perseverance and adaptability to the online setup. It was indeed a mixed feeling to see a young student say goodbye to his/ her teacher online without having met her the whole year in person. Online classes created a unique bond between the teacher and the students to an extent that when promoted to the next class, we felt as if a part of us being separated. This indeed showed, whatever be the situation or the medium, the teaching staff did their 'Dharma' well. I would like to remember the year 2020 as the year of human endurance .



EVS DEPARTMENT

The academic session 2020-21 started on a different note for schools across the world. While it was paramount to stay safe from the pandemic, it was equally important to engage and educate our young students throughout. Amongst the existing challenges, I was given the additional responsibility of heading the EVS department for the pandemic session.



Jyotsana Mahajan HOD, EVS Dept.

Things would have been easier had it been a 'normal' offline school schedule. But we began the classes well into the 'complete lockdown' phase where we as teachers could not physically interact with the children. The biggest question staring at us was how to make them feel that they were at school.

Introducing new concepts effectively through virtual classes was the next big problem. There were other issues like mutual communication and meetings, teachers not being tech-savvy, poor networks, lack of gadgets etc. For a moment I felt like I had been thrown into a Pandora's box and left alone to handle it.

Two things that gave me strength were - the trust of my seniors and the support of my team. I took a deep breath and adopted the policy of "Learn before teach" at every step. The school provided me with all the possible help through workshops, meetings, weblinks and CBSE guidelines, thereby reducing my pressure. We started with video explanations followed by typed notes which my team created readily with full enthusiasm. We were not only teaching the students but each other as well. If I happened to come across a trick, I shared it with my team and vice versa.

As the first month passed, we all hoped and prayed for normalcy to return postsummer-break, which unfortunately did not happen. It was becoming necessary to "talk" to our students and assess their learning and so the school soon introduced online classes. That brought in more technology, more apps and hence more learning at both ends.



EVS teaching involves a lot of discussions, actions and movement around the classall of which was restricted in the new school. We, as the EVS team, had to continuously devise innovative ideas to make it more effective. The undeterred support of our Headmistress and ACs, helped streamline things. With the everchanging government guidelines and looming uncertainty, we soon stepped into our first virtual assessments. The whole school toiled day and night and we went into the battlefield fully armed with our tools - MS Forms and Teams.

We all believed that we had done well. It was eventually the first PTI and positive feedback from parents, that brought a sigh of relief for my team and myself. The appreciation and recognition from the HM and parents, told us that we were on the right track and boosted our confidence to carry on into the session. The rest of the days were never short of challenges but there was no looking back and the only way we all knew was the one leading to success.

I am grateful to the school and my Headmistress for giving me this opportunity to lead the team and making me a better person.



MATHEMATICS DEPARTMENT

Learn, Explore and Celebrate has been my experience while conducting my classes during the pandemic.

In my nine years of teaching career, I witnessed a lot of transformation in the teaching environment and teaching methods. But the transformation which came along with COVID 19 pandemic was quite unexpected and beyond everyone's imagination. I was assigned the role of HOD of Mathematics; little did I know that things would be totally different this session. Lockdown due to corona, did not mean lockdown to teaching. Online teaching was the only option left but it was a



V. Neeraja HOD, Maths Dept.

completely unexplored field for all of us. All the Maths teachers in our team coordinated. The path was not easy, but my journey started with the guidance of my seniors and support of my team. School management and our HM Ma'am were always there to help us.

Tools like MS Teams App and Whatsapp helped us to keep the learning process alive. Teaching online was not easy and teaching Maths online was even more challenging. We tried and practiced various ways to teach Maths online and then implemented the best method. ClassIII, IV and V followed online classes whereas classes I and II posted teaching learning modules. We worked relentlessly without compromising on the quality of content. We were equally adaptable and flexible to accept the suggestions for the improvisation. We were on pedestal 24X7 to learn MS Teams. PowerPoint presentations were made to make the learning process more concrete.

Though the journey of online teaching has been tough, it was an enriching experience for all of us. Teaching from home, connecting with the students and at the same time collaborating and updating fellow teachers was a herculean task. Digital transformation with technical support and training helped us to sail through the hurdles. The pandemic has made the world smaller but we the team at NCS Primary wing NSB, remain committed to prepare our children as global citizens.



HINDI DEPARTMENT

सत्र के शुरू में फैली कोरोना जैसी घातक महामारी सभी शिक्षक-गण को मिली ऑनलाइन पढ़ाने की ज़िम्मेदारी नया तरीका एक चुनौती, मन थोड़ा—सा संकुचाया था नई-नई तकनीक बता, मेरे बच्चों ने भी हौंसला बढ़ाया था।

मिल-जुलकर आगे बढ़ा सीखने-सिखाने का दौर। छात्र और शिक्षक चल पड़े ज्ञात से अज्ञात की ओर॥ लेकर मोबाईल लैपटॉप पढ़ाने को हो गए हम तैयार। पी डी एफ, माइक्रोसाफ्ट मीटिंग, वैबलिंक बन गए हमारे हथियार॥



ममता वशिष्ठ हिंदी विषय संयोजिका

सभी अध्यापकों ने जैसे ही अपना हुनर दिखाया। गायब हो गया डर, हर बच्चे का चेहरा मुस्कुराया॥ आपसी सहयोग की जितनी तारीफ़ करे वो कम है। हमने दिखाया हर चुनौती पार होगी, एकता मे कितना दम है॥

सभी अध्यापकों ने बनाई हिन्दी विभाग की नई पहचान। आप सबसे जुड़कर बढ़ा मेरा भी आत्मसम्मान॥ आप सभी के कौशल से विद्यालय की धूम सर्वव्यापक है। यूँ ही नहीं गर्व से कहते हैं, हम एन. सी. एस. के अध्यापक हैं॥



CLASS 1

A Humble Success Story

"Coming together is a beginning, staying together is progress, and working

together is a success." - Henry Ford

In human life, education especially in the earlier days of life plays a crucial role in moulding a child into a good human being. In simple terms, education can be considered as a foundation which enables a child to take timely decisions in the efforts for fulfilling their goals. It trains the child's brain to adapt to challenging situations by selecting the most suitable options available at that moment. The role played by



Anu Alex Class I Coordinator

schooling in this process, especially in the earlier stages of a child's life, needs no special mention. It is in the school that he/ she learns to make friends, learns the basics of community living and for the first time learns to face challenges outside the comfortable zone of their family.

The unexpected entry of COVID 19 threw a big challenge in front of the children and teaching fraternity of NCS Vizag. Whilst students from higher classes could migrate to online classes, it posed a big challenge for primary students who were used to the constant physical attention, affection and care of their teachers. It was clear that online teaching was the only way ahead for this situation; but the challenge was to device a method for making online studies interesting for the child and an alternate to class room learning as far as possible. It began with our first Whatsapp group call. We discussed the challenge, our concerns and thoughts and different views and opinions emerged during the discussions. One aspect was evident by the time we ended our first discussion; the fact that we are a determined team of teachers and all were ready to put in any amount of effort to safeguard the future of our dear students.

The next few days of ours didn't have any working hour limit. Day and night, we discussed various ideas for devising a pattern for making online class attractive for our children. To start with, we decided to develop a set of topic wise attractive videos

and post them in accordance with their class time table, so as to give them a feel and discipline of class room learning. Over the next few weeks, we learned the art of making attractive videos and interactive assignments by using various online apps. All these were entirely new to us; however our team spirit prevailed. Each day's activities and tasks were pre planned to the last detail and was shared among all members of the team, which enabled all of us to be the same platform. Starting from these videos, we experimented various techniques including small group video calls with students to give them a feel of classroom, followed by online interactions on

Today, when I ponder on my tenure at NCS Vizag, I believe that the following 'mantras' helped me to tide over various challenges which came in our way:-

academics, general discussions and additional preparations for the next class. With

pride and humility, I can vouch that this has been a good example of team work by a

- (a) Positive attitude and positive thinking.
- (b) Team work and determination.

determined team of teachers.

- (c) Mutual respect and care in the team.
- (d) Willingness to adapt to good changes.
- (e) Pre planning of every activity to the smallest detail.
- (f) Empowering the team
- (g) Trust and faith in the team.

To conclude, this may be a small achievement by a group of teachers, but it reassures the universal truth that no challenge is insurmountable before a determined team.



CLASS 2

Making Our Way Through Tough Times

In 2020 March, I got the exciting and challenging duty of class two coordinator, at the same time Covid 19 also entered our lives. It was indeed a testing time for teachers, as we had to impart education without going to school.

As it is said,

"Where there is a will, there is a way."



Jyoti Rai Class 2 Coordinator

With the help of my talented team, we started making videos and voice overs of our lessons. Our HM ma'am, academic coordinators and the subject coordinators were always there to guide us. The students started learning in an innovative method. During this period each challenge was turned into an opportunity to learn new things.

As a class coordinator I not only learnt online teaching but also online coordination. Life was not the same anymore. It got filled with new colors of sweet and sour memories of Corona.



CLASS 3

A Journey of Learning & Teaching

The year 2020-2021 was very unique and special. Although the school remained closed due to the pandemic, the bond between teachers and students was still intact. The concept of online classes was new to everyone but all the staff and students were ready to accept the change and gave their best efforts to make the year 2020-21 special. We teachers tried to make every online session interesting and the children were very enthusiastic to learn new things. They brought so much energy to the class that it felt like the teachers were doing normal live classes.



B. Manjula
Class 3 Coordinator

We put in a lot of effort to learn new tools and techniques for these sessions. We corrected the notebooks and assessments online and also conducted PTI meetings with the parents. We managed to conduct CCA activities and engage the children into something exciting other than the regular curriculum.

As a coordinator of class III, I take immense pleasure in thanking our Headmistress ma'am for all her support and guidance throughout the year. I also thank all the teachers, coordinators, parents and students for their patience and hard work during these tough times. My best wishes to everyone for the upcoming academic year.

This quote sums up our experience for the year - "Technology will not replace great teachers but technology in the hands of great teachers can be transformational."



CLASS 4

Team Work: Our Strength

"Team work is the ability to work together towards a common vision"

Coordinating a team was not something new to me, but coordinating virtually was something unforeseen.

As a teacher, taking online classes for students, maintaining harmonious relationship with parents, creating a mutual respect and understanding among my team members and living up to the expectations of my higher authorities were the challenges that I had to face.



A. Neeraja Class 4 Coordinator

The best thing about virtual teaching is that it exposed me to a

new and modern era of teaching. Virtual teaching taught me the usage of technology for a better teaching and to balance my personal and professional work at the same time.

As a Coordinator, I was extremely privileged to have a team of highly experienced, creative and talented teachers. Their commitment towards decisions and plan of action, effective communication skills and helpful nature kept me motivated which further helped foster strong relationship, rapport and cooperation within the team.

I would like to convey my gratitude to my class four teachers for working together in unity and to accomplish our goals for a successful completion of the academic year 2020-2021.



CLASS 5

Together, We Learn & Grow

The best preparation for tomorrow is doing your best today

The session of 2020-21 was a very different one. I never thought the school will be closed suddenly. Due to the lockdown, online classes started and it was a very new experience for everyone. Students were very excited and eagerly looking forward to what was going to come next from the teachers. They were very disciplined and it felt like a normal class in school. The teacher's started correcting notebooks online. As the online classes proceeded, children



Mrs. Sunita
Class 5 Coordinator

learnt a lot about technology. We used to conduct CCA activities online and were in touch with students and parents throughout the day. The whole year went really smooth.

As a class 5 coordinator I want to thank Headmistress ma'am for the guidance throughout the year and also to the teachers, students and parents for their cooperation and support. The saying that: "Alone we can do so little but together we can do so much", is totally true. All the best dear students for the upcoming academic session.

"A group becomes a team when each member is sure enough of himself and his contributions to praise the skills of others" - Norman Shidle



PREPARING FOR A BETTER TOMORROW

NEW BUILDING - IN PROGRESS







LEARNING CENTRE - IN PROGRESS









HEARTFELT TRIBUTE

हार न हम मानेंगे

हार न हम मानेंगे दौर ये देखो आया कैसा अनजाना-सा ज्ञान के मंदिर में देखो छाया सन्नाटा-सा। बच्चों के बिन बिगया सूनी फूल न खिलें हैं अब तक ज्ञान की ज्योति जले कैसे ? प्रश्न था सबके मुख पर।

तब गुरुओं ने कमान सँभाली, माता-पिता बने फिर ढाल। हम समझे, समझाए कैसे ? ये था बड़ा विचार! अब तक तो हम समझ गए थे गया blackboard का जमाना किया कब्ज़ा keyboard क्योंकि.... Online का आ गया ज़माना

बने video बड़े चाव से
Camera हिल-हिल जाएँ
बड़ी मुसीबत कैसे ?
बच्चों तक बात पहुँचाए!
तभी टीम में जाकर हम,
बच्चों तक पहुँच तो पाए।
तब बच्चों ने खेला फिर,
Mute और unmute का खेल।
तभी काम आई हमारे
आल म्यूट की देन।

शरीर और दिमाग का मेल हमको था मिलवाना तब PT सर ने शुरू किया सबको exercise करवाना।

पढ़ना और पढ़ाना तो हम सबने जाना पर exam ने पीछा न छोड़ा Exam Department ने हद ही तोड़ा Google और teams app का गठबंधन फिर जोड़ा।

असंभव को संभव कर पाना CCA ने अब यह ठाना घर बैठे बच्चों की प्रतिभा क्या है खूब निखारा

15 अगस्त 26 जनवरी क्रिसमस और दीवाली नृत्य, संगीत और कला ऑनलाइन ही कर डाली

दिया रास्ता HM ने, ACs ने दिया दिखाया HOD और Coordinators के संग ज्ञान का दिया जलाया लेकिन अभी थमा नहीं है कोहरा बदली न छट पाई बच्चों और अभिभावक जन ज्योति न फीकी पड़ पाएँ

संगीता शुक्ला



लेखनी के मायने

सुंदर, स्पष्ट,सार्थक शब्दों से भरकर जब कलम हमारी चलती है तब भावनाओं से युक्त मनमोहिनी लेखनी बनती है।

जब भी हम अपने भावों या विचारों को शब्द देकर उन्हें कागज़ पर उतारते हैं तो वे लिखावट का रूप धारण कर लेते हैं। यही रूप हमें लिखने वाले (लेखक) की प्रवृत्ति से भी अवगत करवाता है। अगर छात्र-छात्राओं की लिखावट सुंदर होती है, उनके अक्षरों की बनावट मोतियों जैसी होती है। तब मन करता है कि उसे पढ़ते ही जाओ और यह क्रम चलता ही रहे...। लिखावट का मानव-चिंतन से भी गहरा संबंध होता है। लिखावट के द्वारा आसानी से अनुमान लगाया जा सकता है कि विद्यार्थी के मन में क्या है? इसे विभिन्न श्रेणियों में विभाजित कर समझा जा सकता है।



श्रीमती मालती देवी

1.अगर विद्यार्थी सुनियोजित ढंग से लिखता है यानि अक्षरों की बनावट पर ध्यान देते हुए सुंदर शब्द प्रस्तुत करता है तो वह व्यवस्थित प्रवृत्ति एवं देखभाल प्रकृति का होता है। उसमें अपनी चीज़ों को सुचारू रूप से रखने की अद्भुत क्षमता होती है।

2. अगर विद्यार्थी जल्दबाज़ी में आधे-अधूरे अक्षर लिखता है तो उसमें बस कार्य पूर्ण करने की प्रवृत्ति प्रतीत होती है यानि लिखकर पीछा छुड़ाओ। इसमें उसकी लापरवाही या अति आत्मविश्वास की

भावना झलकती है।

उ.तीसरी श्रेणी में वे विद्यार्थी आते हैं जो लिखते समय खरोंचे या ओवरराइटिंग करते हैं। बार-बार रबड़ से मिटाते रहते हैं या शब्दों को काटकर पुनः लिखते हैं। वे शंकालु प्रवृत्ति के होते हैं। उनमें वाक्य की संरचना का अभाव एवं असमंजस की भावना प्रतीत होती है। जबिक वाक्य संरचना लेखन का एक महत्त्वपूर्ण अंश होता है।

4. चौथी श्रेंणी में वे विद्यार्थी आते हैं जो अपनी लेखन कुशलता के साथ-साथ पाठक के बारे में भी सोचते हैं। उनमें अपनी लेखनी के माध्यम से पाठक का मन मोह लेने की अद्भृत क्षमता होती है। वे दूरदर्शी एवं

हित भावना की प्रवृत्ति के प्रतीत होते हैं, जो कि श्लाघनीय है।

बच्चो! मेरे अनुभव के आधार पर 4-7 वर्ष के विद्यार्थियों के लिए प्रथम श्रेणी और 8 वर्ष से ऊपर के छात्रों के लिए चौथी श्रेणी अति उत्तम है। इसमें विद्यार्थी, अभिभावक एवं शिक्षकगण की भी अहम भूमिका होती है और इन तीनों के अथक प्रयास से कुछ भी असंभव नहीं। अपनी लिखावट पर पूरा ध्यान दीजिए क्योंकि प्राथमिक शिक्षा एक ऐसा स्तर है जहाँ पर आप बुनियादी तौर पर अपनी लिखावट एवं चिंतन का उत्कृष्ट ढाँचा तैयार कर सकते हैं। अक्षरों की बनावट का जो निरंतर अभ्यास होता है, फिर वही आदत में आ जाता है। आदत से संबंधित विषय पर डाॅ. अब्दुल कलाम जी ने कहा है – "आप अपने भविष्य को बदल नहीं सकते, आप अपनी आदतों को बदल सकते हैं और निश्चित रूप से आपकी आदतें आपका भविष्य बदल सकती हैं।" इसलिए एकाग्रता से, अपना ध्यान लिखावट पर केंद्रित करें और जीवन में उन्नति के पथ पर प्रभावी ढंग से अग्रसर रहें......।

आओ अपने शब्दों को सुंदर,स्पष्ट आकार दें अपनी अंदर की भावनाओं को पन्नों पर उतार दें अपने हर लेख को लेखनी से निखार दें।



स्मरण करो

कोरोना के दौर में, नेवी चिल्ड्रन स्कूल ने सत्याभासी स्वतंत्रता दिवस मनाया। इस उपलक्ष्य में मुझे देश भक्ति गीत लिखने का अवसर दिया गया। मेरी आप्त मित्र श्रीमती रक्तिमा घोष ने इन शब्दों को मधुर स्वर में पिरोया। इसके लिए मैं उन्हें अनेकानेक धन्यवाद देती हूँ।

स्मरण करो इस देश की, उस ख्याति की प्रख्याति की। उस ज्ञान की, प्रज्ञान की, समृद्धि की, प्रसिद्धि की॥

आदि अनंत काल से, इसकी है परंपरा। अनन्य इसकी संस्कृति, अपार इसकी संपदा॥

वसुधा-इव कुटुंबिका, सहाय सबकी सर्वदा। संस्कृति बची रहे, स्वतंत्र देश माँगता॥

न मंत्रणा कुतन्त्र हो, देश बस स्वतंत्र हो। भेद भाव से परे, सुखी रहे सौभाग्य हो॥

एकता का साथ हो, संधि आत्मसात हो बस एकता बनी रहे, स्वतंत्र देश माँगता

न व्यर्थ कोई युद्ध हो, प्रत्येक कर्म मान्य हो। अतीत, भूत न रहे, प्रगति मात्र मार्ग हो॥

हे देशवासियों सुनो, समय हमें है कह रहा। अखंडता बनी रहे, स्वतंत्र देश माँगता॥

स्मरण करो इस देश की, उस ख्याति की प्रख्याति की उस ज्ञान की, प्रज्ञान की, समृद्धि की, प्रसिद्धि की



डॉ दुर्गा शारदा



बच्चे

बच्चे हैं सबसे अच्छे हैं, हैं ये दिल के सच्चे। कभी करते बचपने की बात, तो कभी करते सयानी बात। रोना-हँसना इनसे सीखो, है यह दिल के सच्चे। खेलकूद में माहिर हैं, हैं ये सबसे अच्छे। हौसला इनमें बहुत है, है यह देश के रक्षक। क्यों न गर्व से बोलें हम, ये हैं भारत के बच्चे। देश का भविष्य है इनके हाथ, रहे इनके बुलंद हौसले। रोना-हँसना इनसे सीखो, ये हैं बच्चे सबसे अच्छे।



सुमन बाला

हिंदी की महानता

हिंदी अपनी कितनी प्यारी, जापानी चीनी से न्यारी। देव भाषा की है यह बेटी, कद में है किसी से ना छोटी।। शब्दावली है कितनी सारी, फिर भी खोज अभी है जारी। मात्राओं का अनुपम मेल, बच्चे सीखें जैसे खेल।। आसानी से समझ में आती, तभी तो ऊँचा आसन पाती। हिंदी है भाषाओं की रानी, न है कोई इसका सानी।।



सुनीता सांगवान



कठिन समय का दौर

इन कठिन लम्हों को बीतने दे जो प्रलय उठा है जीवन में उसे थमने दे। इस कठिन दौर को भी गुजरना होगा हाँ उस सुनहरे कल के लिए तुम्हें जीना होगा। जब डूब रहा है हमारा मन किसी अंधकार में व्यर्थ हो रहे हो प्रयास जीवन को उबारने में। इस मुश्किल क्षण को भी कभी आसान होना होगा। हाँ कल के लिए तुम्हें धैर्य से जीवन जीना होगा। माना थककर थम रहें हैं कदम हमारे, फिर भी हमें चलना होगा हासिल होगी मंजिल भी हमें ये मानना होगा। ज़िंदा रख दिल में उम्मीदों को, प्रयासों को जारी रखना होगा। छाया है जो विकट समय उसे भी एक दिन गुजरना होगा। ज़िंदगी अगर सलामत है तो अच्छा समय भी आएगा। नई किरणों को लेकर नया सवेरा मुस्कुराएगा। यूँ ही छट जाएँगे अंधकार के काले बादल जीवन में हम फिर से खिलखिलाकर मुस्कुराएँगे।



राजेश देवी



विदाई

हमारे चार प्यारे मित्रों का तबादला एक साथ हो गया और हमसे उनका साथ छूट रहा था। उनमें कई अच्छे गुण थे जिन्हें हम सब ने देखा और सीखा। हमने स्कूल के पृथक-पृथक कार्यक्रमों में, अलग-अलग मित्रों के साथ, कई कर्तव्यों को निभाया है। यह एक शानदार अनुभूति थी। मैंने उन्हीं तथ्यों को, शब्दों के रूप में पिरोकर, उनके सामने प्रस्तुत किया। जो निम्न हैं –

स्वर्णिम वर्ण की ज्योत्सना से, प्रभात रंगीन रोज़ बनाया कौन ?? इंद्रधनुषी शोभा से कम नहीं तुम, मुस्कुराता खिलता गेंदा हो तुम॥ उज्ज्वल चाँद का प्रतीक हो तुम, निर्मल, कोमल, आभास हो तुम। एन सी एस की बिगया में सुंदर, गुलबहार की प्रतिमा हो तुम॥ हँसती-मुस्कुराती चलती दिखती, सदा चटकीले पोशाकों में तुम। फूलों की मधुरमय सुधा हो, कृष्ण के हाथों की संजिता हो तुम॥ गंभीर, पर यारों के यार हो, माहिर व अंक शास्त्र में पारंगत हो तुम॥ एन सी एस की आधार स्तंभ हो, सौभाग्य की देवी, रमा हो तुम॥ हमारी प्रिय ज्योत्सना, प्रतिमा, संजिता और रमा आप सबको मिले इससे भी अच्छा व मस्त समा देखो, कतई इसे अलविदा समारोह मत समझना एन सी एस के दोस्तों को सर्वदा याद है रखना



डॉ दुर्गा शारदा

उक्त कविता के जवाब के तौर पर हमारी आप्त मित्र श्रीमती ज्योत्सना, जाते-जाते हमारे लिए निम्न शब्द छोड़ गईं -



कुछ आए, कुछ गए, कुछ बस गए। सिलसिला यूँ ही चलता रहा कुछ तुमने कही, कुछ हमने सुनी और वक्त यूँ ही ढलता रहा। कुछ तार दिलों के जो जुड़ गए। वो साथ सदा निभाते रहेंगे। हर डांस, हर ड्रामे, हर फंक्शन के दिन.... कुछ याद हमें तुम, कुछ याद तुम्हें हम आते रहेंगे!



CREATIVELY WIDENING OUR HORIZON

ONLINE CONTENT CREATED BY OUR TEACHERS













FRUIT CARICATURES



INTRODUCTION TO CONDIMENTS & DALS



FOLDED HAND PUPPET

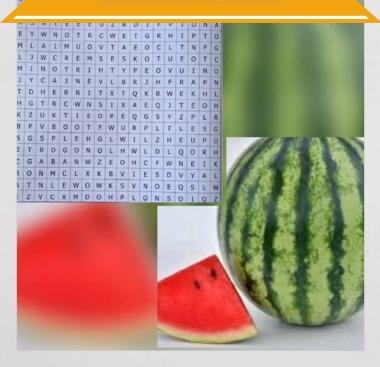








FRUIT PUZZLE



COLLAGE POSTER MAKING







BISCUIT SANDWICH







UNICEF. Henrietta Fore Executive Director

44 Previous humanitarian emergencies

have shown us how vital it is to address the fears and anxiety of young people when life as they know it gets turned upside down.

WHO
- Dr Tedros Adhanom Ghebrevesus Cirector-Geogra



FESTIVE SPIRIT

ONLINE CELEBRATIONS IN PANDEMIC

The Greatness of a Culture can be Found in its Festivals

Festivals add a lot of colours and spark to our lives. Even a pandemic like Corona couldn't dampen our festive spirit. Some amazing, interesting and informative videos were made on various Indian festivals and shared with the NCS family. Lovely messages were conveyed through these videos. Children enjoyed watching them and learned about our customs and traditions. Beautiful videos were made by various class teams. Even at home, the children were able to feel the festival bonding. Independence Day and Republic Day Celebration videos invoked patriotic feelings in them. The various religious festival videos developed the feeling of universal oneness.



FESTIVE SPIRIT









G

S



FESTIVE SPIRIT



CHILDREN'S DAY (14 NOVEMBER, 2020)



REPUBLIC DAY (26 JANUARY, 2021)



OUR YOUNG WARRIORS

IN ACTION













HALL OF FAME

BEST DISTRICT PRINCIPAL AWARD



Mrs. Anuradha Mago, Headmistress - Primary Wing, NCS-Nausenabaugh

TATA CLASS EDGE CLASSROOM CHAMPIONSHIP



Ms. Menka Kumari Teacher, NCS Primary

Special Category Winner
TATA CLASS EDGE
CLASSROOM CHAMPIONSHIP
VI (2020-21)
CCC VI

HALL OF FAME

Manthan - An Online Inter-school fest NCS Karanja



ADRIT GIRISH

CLASS - 4A

Stood 1st in Eco Rap Competition



DHRUVI GARG

CLASS - 3E

Stood 3rd in Fancy Dress Competition

Adrit Girish of class 5A is learning music online from his teacher in Russia. He was the only kid who had to perform online and stood second in the VIII open regional festival - A Competition for young pop-jazz performers -Arkhangelsk College of Music

Heartiest Congratulations Adrit. Team NCS is proud of you.





HALL OF FAME

Winners of Painting competition conducted by NSDC (National Science Day celebrations 2021), NSTL Visakhapatnam

ARUSH SINGH (CLASS 1-D)
PRIYANSHU SAHOO (CLASS 2-G)
ABHINAV P (CLASS 5-E)





ONLINE NWWA COMPETITION WINNERS



ISHITA GUPTA - 3D



DHRUVI GARG - 3E



AVINASH-1J



OUR STARS







OUR STARS







ART AND CRAFT

ADORNING A LIFE FULL OF CREATIVITY

A true artist is not one who is inspired, but one who inspires others.

— Salvador Dali

"Art is as Natural as Sunshine and Vital as Nourishment". The academic session 2020_21started with a shock. We moved from the real world to the virtual world, from teaching in the classroom to teaching online. Initially, there was a fear regarding how to cope up with the virtual teaching but slowly we adopted and continued.





Mr. Chary

Mr. Nagaraju

At the beginning of the session, children of class 1 and 2 watched the videos prepared by us and tried their hand at what they saw in the videos. Children of class 3, 4 and 5 had online classes and the students enjoyed. Though this pandemic stopped students as well as teachers to attend school, the urge to learn never stopped. The competitive spirit was also kept high with the online competitions in various art and craft activities like:

- 1) Crayon drawing (Classes 1 and 2)
- 2) Best out of waste (Classes 3 to 5)
- 3) Flag making activity (Classes 1 and 2)
- 4) Collage making of Flag (Classes 3to 5)
- 5)My Favourite Picture (Classes 1 and 2)
- 6) Drawing of Scenery (Classes 3 to 5)

Apart from school co-curricular activities, our students participated in the various competitions which were conducted by CBSE and NSTL and bagged the prizes and brought laurels to our Institution. We are wishing for the best during this academic session and hope 2021-22 will bring life back to normal and also bring us back to experience the live teaching and learning experiences in our classrooms because we believe that; "The Artist is not a special kind of person; rather each person is a special kind of Artist."



MUSIC

LANGUAGE OF SPIRIT

"Music in the soul can be heard by the universe."

— Lao Tzu



Someshwar Rao and Manohar

As music department teachers we took this pandemic as a challenge and we worked to reach our students. And so we have learned many ways to teach and guide our students. It leads us to an extent that we can bring all the children virtually who are at different places into one single video singing along with composed music.

At the same pace, we trained our students to win first place in an event MANTHAN, organized by NCS KARANJA on Eco Rap singing competition.

Finally, we achieved to a level that we can do any kind of occasion virtually with highly programmed music and singing quality of our children though they are at different places.

Hoping that in this academic year 2021-22, we will revert to the school and teach our students in the classroom.

Thank you...

NCS Vizag ki Jai ho.

SPORTS

A HEALTHY MIND IN A HEALTHY BODY

"Champions keep playing until they get it right."

—Billie Jean King

The urge to remain fit, healthy and active is something that everyone has. Our body is true, an instrument for satisfying all our needs. Good health is a prerequisite for a person's efficiency in everything including physical, physiological, social and emotional balance. It is a process of helping people identify their health problems, formulate their objectives in context to the constraints of the available resources and achieve these objectives with their efforts.



Mr. Ganapathy



Mr. Rambabu



Mrs. Surekha

Physical Fitness is a state of healthy wellbeing, especially the ability to perform aspects like sports, occupations and daily activities. Physical fitness is generally achieved through regular physical exercise and proper rest. Physical fitness depends on one's age, mental and social strength. To Improve regular fitness we need to practice jogging, running, walking, swimming, cycling and yoga. These exercises improve the Cardio-Respiratory Fitness of the people. Physical activities improve the immune system and weight control. The WHO defines health as a state of "complete physical, mental and social well-being and not merely the absence of disease or infirmity".



A healthy body means a healthy mind. People who exercise regularly are happier and more productive throughout the day. The School has prepared different kinds of activity videos during the year to encourage students to be Physical fit and Mentally strong. They include videos running, like skipping, standing modified broad jump, pushups, pushups, partial curl-ups, shuttle run etc.

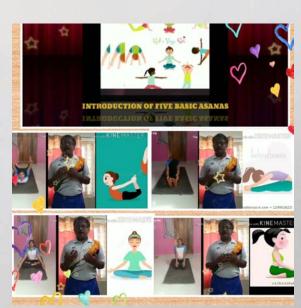


On account of Gandhi Jayanthi, CBSE has organized the "Fitness Freedom run" on 01-10-2020 at Nausenabaugh area. Due to the pandemic situation, the teachers of the Primary wing and supporting staff participated in this Freedom Run.

FIT INDIA WEEK CELEBRATIONS" are conducted by CBSE every year. This academic year it was conducted as "VIRTUAL FIT INDIA WEEK CELEBRATIONS" where the children of Primary School participated. Mass physical activity, yoga and skipping were performed by Primary Students. Fitness is always important in our life.

A healthy life is a happy life!

Dr M. Rambabu Physical Education Teacher



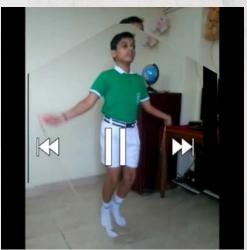


SPORTS ACTIVITIES DURING COVID TIMES

FIT INDIA MOVEMENT







ONLINE YOGA DAY





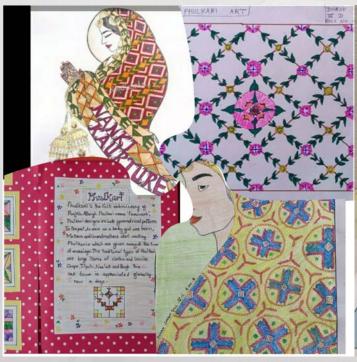
OUR NEW VENTURES

CBSE INTEGRATED PROJECT

CBSE proposed project activities to be done by children to impart cultural values and integrate art, culture and tradition along with their subject knowledge. The partner state proposed was Punjab as per CBSE guidelines for schools of Andhra Pradesh. Children of NCS from classes 1 to 5 participated in this project with great enthusiasm and interest.

They prepared posters showing the culture, cuisine, dance and traditional attire of Punjab. Some of them sent videos on songs and dance while few others painted pictures and sent write-ups to depict the culture of Punjab.

It was a great learning experience for children during this Pandemic. They collected data from the internet and by interaction with their parents and family members. Few have collected information on crops grown in Punjab and prepared report. All the children submitted projects in January as part of this CBSE proposed integrated project focussing on cultural values and heritage.

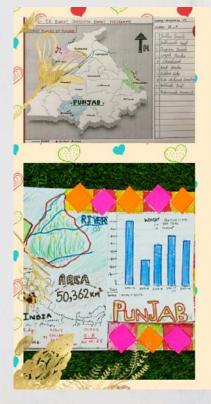






OUR NEW VENTURES

This was a successful event in our school with huge participation and activity-based learning.







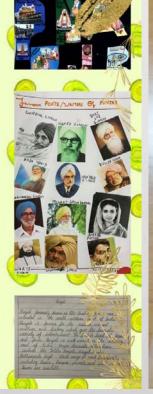


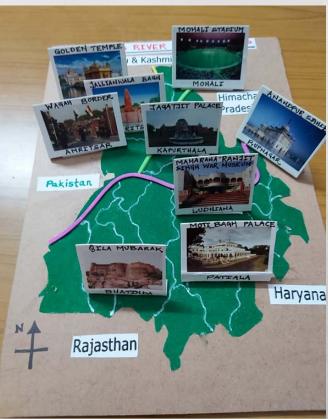






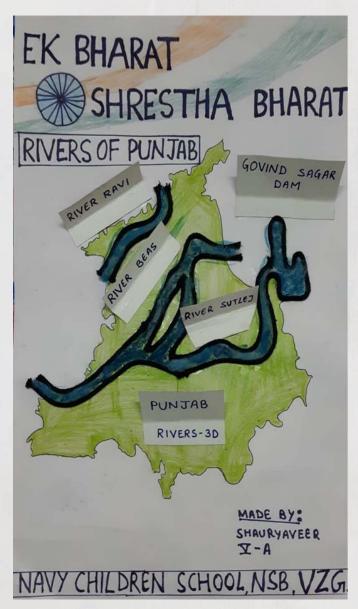


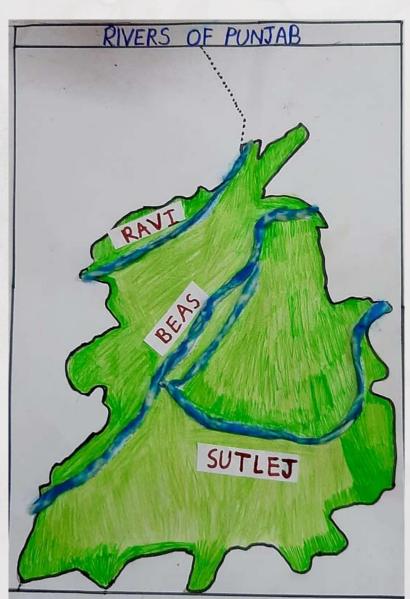




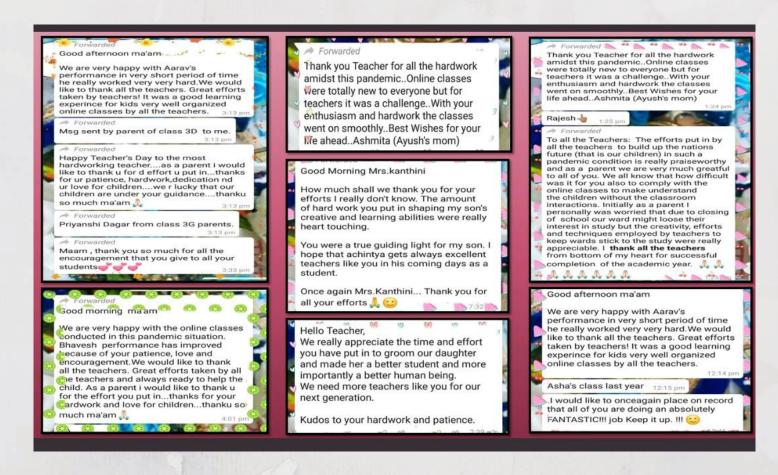


OUR NEW VENTURES





OUR TRUE REWARD PARENTS APPRECIATION







THE CULINARY ARTISTS





Key Ingredients

- Any 4 salted biscuits
- 2 slices of bread
- 2 tbsp grounded peanuts
- 1 Onion finely chopped
- ½ cup Capsicum finely chopped
- 2 tsp Lemon juice
- Black salt to taste
- 1 tsp Chat masala
- Chilli-garlic sauce
- Tomato sauce
- Veg. Mayonnaise
- Chilli flakes/ Garlic flakes/ Herbs (optional)

For Garnish

- Sev
- Finely chopped coriander leaves
- Cheese (optional)

BISCUIT SANDWICH

BY RAKTIMA GHOSH

Directions

First dip the slices of bread in water just for a second & squeeze out the excess water from it and put it in a big bowl. Next add grounded peanuts, finely chopped onion, capsicum, lemon juice, chilli-garlic sauce, chilli-garlic flakes, herbs, chat masala and black salt to taste in a bowl. Then mix them altogether nicely and make equal sized small balls. After that, take a biscuit, spread mayonnaise, tomato sauce and 1 ball of mixed ingredients on it, place another biscuit on the stuffing and press it lightly. Finally, roll the prepared stuffed biscuits in tomato sauce and in sev and coat it evenly from all the sides. Garnish with some grated cheese and coriander leaves and serve immediately.



THE CULINARY ARTISTS





Key Ingredients

A. Blue Lagoon

- 1 tbsp citrus blue
- 1 tsp lime juice cordial
- 2 tbsp sugar syrup
- ½ cup soda
- Crushed ice- as per requirement
- 3-4 mint and tulsi leaves
- Some lemon wedges
- 1 tsp lemon juice
- 1 lemon slice for garnishing

B. Fruit Punch

- ½ glass mixed fruit juice
- 1 tbsp strawberry crush
- 1½ tsp lemon juice
- ¼ glass crushed ice
- 3 tbsp fruits finely chopped (any)
- 1½ tbsp cranberry juice
- 1 lemon & 1 apple slice for garnishing

MOCKTAILS BLUE LAGOON & FRUIT PUNCH

BY
MANEESHA PRASAD

Directions

A. First take a glass, pour citrus blue, add little lime juice cordial, few mint leaves, few wedges of lemon, sugar syrup and gently muddle them all. Next add soda in it and top it up with crushed ice. Then garnish it with few Mint and Tulsi leaves. After that add little lemon juice on the top of it and decorate it with a lemon slice. Finally, it is ready to serve.

B. First take a glass, pour mixed fruit juice, add strawberry crush and lemon juice in it. Next add crushed ice and finely chopped fruits of your choice in it. Then add cranberry juice to enhance its taste. After that garnish it with a lemon and an apple slice. Finally, it is ready to serve.



THE CULINARY ARTISTS





Key Ingredients

- 1 cup maida
- ½ cup besan
- 2 tbsp sooji
- 1 cup powdered sugar
- 1 tsp baking powder
- 1 tsp elaichi powder
- ½ cup softened butter/ ghee

For Garnish

• Any dry fruits finely chopped

HOMEMADE

BY ANINDITA BASAK

Directions

First mix all of the dry ingredients together using a sifter. Next add butter into the mixture and knead it to a soft dough and keep it aside. Then take 1 cup salt, spread it evenly inside the kadhai/sauce pan. Place one stand on it and let it preheat for 10 mins on medium flame. After that, grease the plate with ghee/butter for baking and also grease your palm and make equal sized small balls and decorate them with dry fruits. Place the plate on the stand and put the lid on kadhai and bake for 15-20 mins on low flame. Finally, your cookies are ready. Let them cool completely before eating.



FROM US TO YOU...

"Hardships always prepare Ordinary people for an extraordinary destiny"

C. S. Lewis

We all had been and have been going through different phases of life. I am sure not everything was a sweet memory but remains as a memory that guides our next steps. Children, family and friends add to the good moments which we all cherish. All said and done, we should believe that life will be better from now on. However, everything has been a great learning and it comes about in assisting us to face our challenges The whole world has faced this pandemic with mixed feelings and every moment has been an adaptation right from wearing a mask to celebrating festivals virtually. The world is set to change with the example each one of us are setting. On behalf of the entire editorial team, I do pray for you and your family and may each member of the NCS family always keep life not only colourful but also beautiful because challenges make life interesting and overcoming them is what makes life meaningful." - Bindu Trilochan

MEET THE TEAM



Dr. Durga Sarada



Jyoti Rai





Raktima Ghosh Madhuri Dommety



Bindu Trilochan



Prasanna Lakshmi



G. Kalyani



Menka Kumari



Sangita



Selly Goyal



Deepshikha